

RIP SAFETY TIPS



Complete these safety tips using the missing words below.

If you get caught in a rip current:

- stay_____, don't panic
- stand and_____ if you can
- keep hold of your board or inflatable to help you _____
- raise one hand and _____ for help
- _____ try to swim against it
- swim _____ to the beach until you are free of the rip, then head for shore.

don't parallel float wade

calm shout

FACT OR FIB?

Three of these wave facts are true.

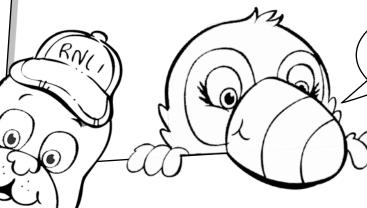
Three are fibs.

Tick the ones that are TRUE.

- Waves are caused by fish splashing around.
- Tsunamis can move as fast as a jet plane.
- ☐ The tips of breaking waves are called white horses.
- ☐ Water can store wind inside it.
- ☐ The tallest ever wave was 524m high.
- ☐ Tsunamis are awesome for surfing.

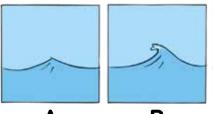
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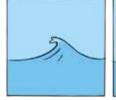
BEACH EARTH RIVER BLANKET HOVERCRAFT **POND BOARD** MUD SINK BOG QUICKSAND **SOIL GUNGE SEASHORE STUCK**



ANSWERS ON PAGE 8

Check out these different waves. Which one comes next in the sequence below?



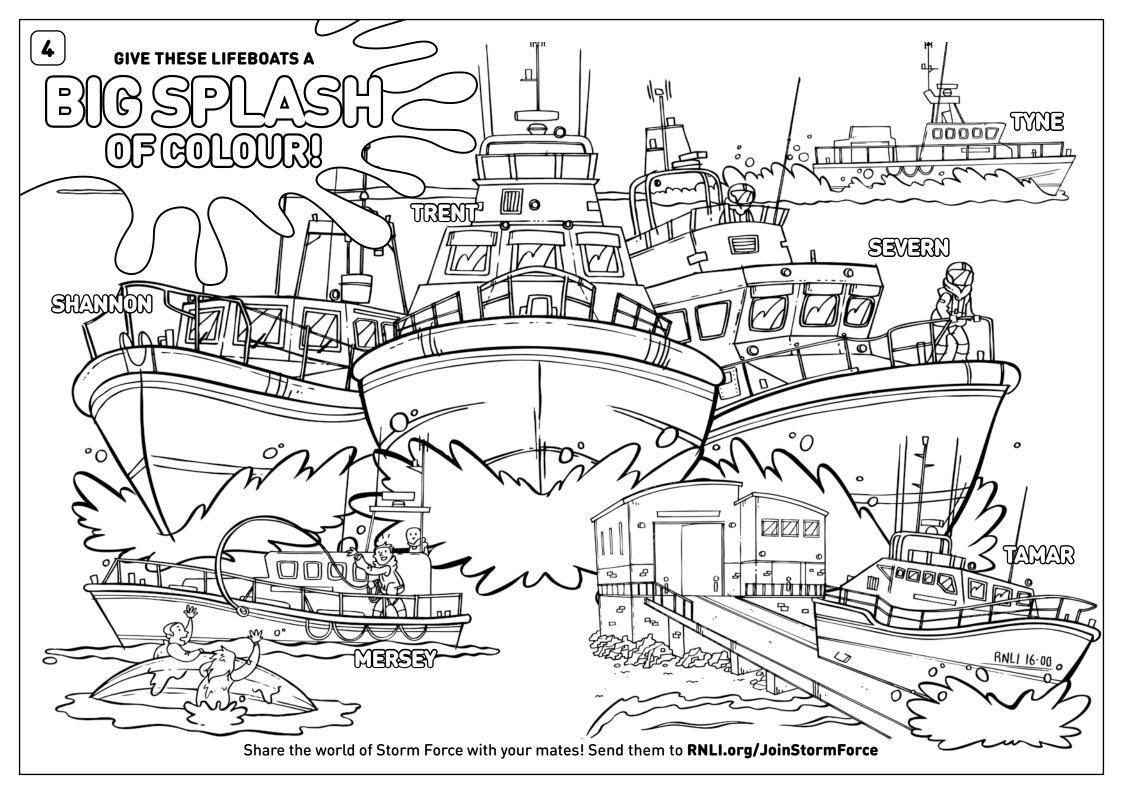






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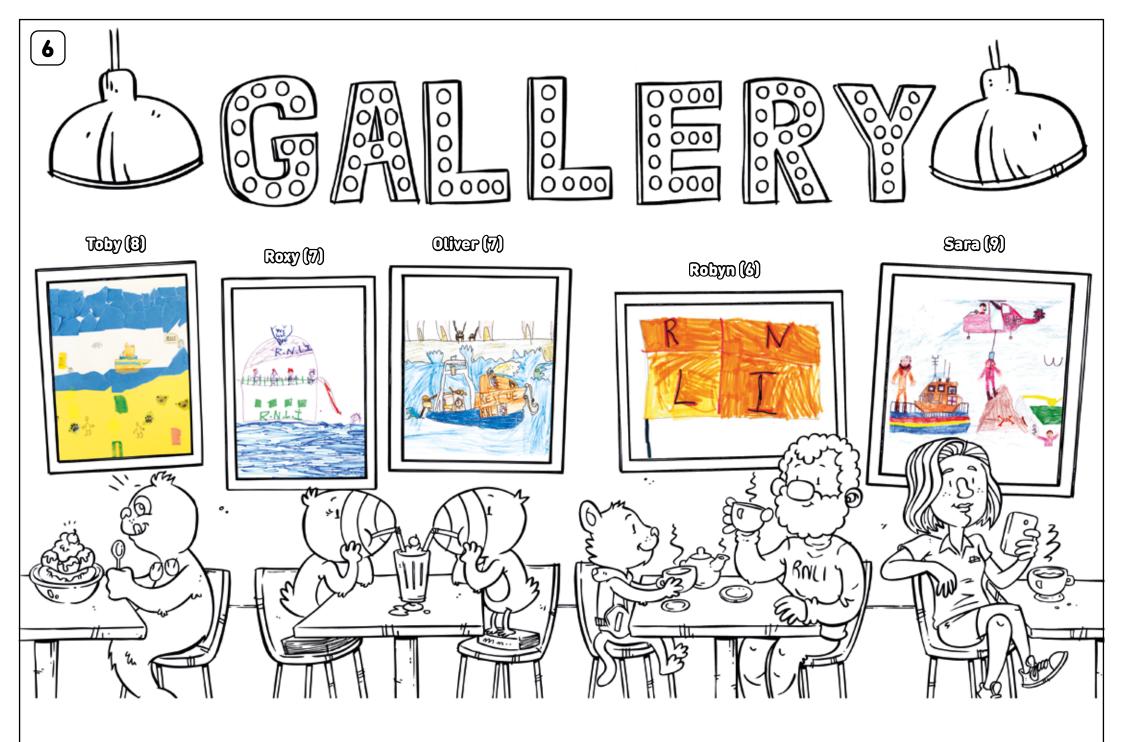


Some of our bravest and most skilful lifesavers are given awards. The RNLI Gold Medal for Gallantry is the most treasured but silver and bronze are pretty awesome too! Who knows, one day you might get a medal for something? But for now, let's make one!

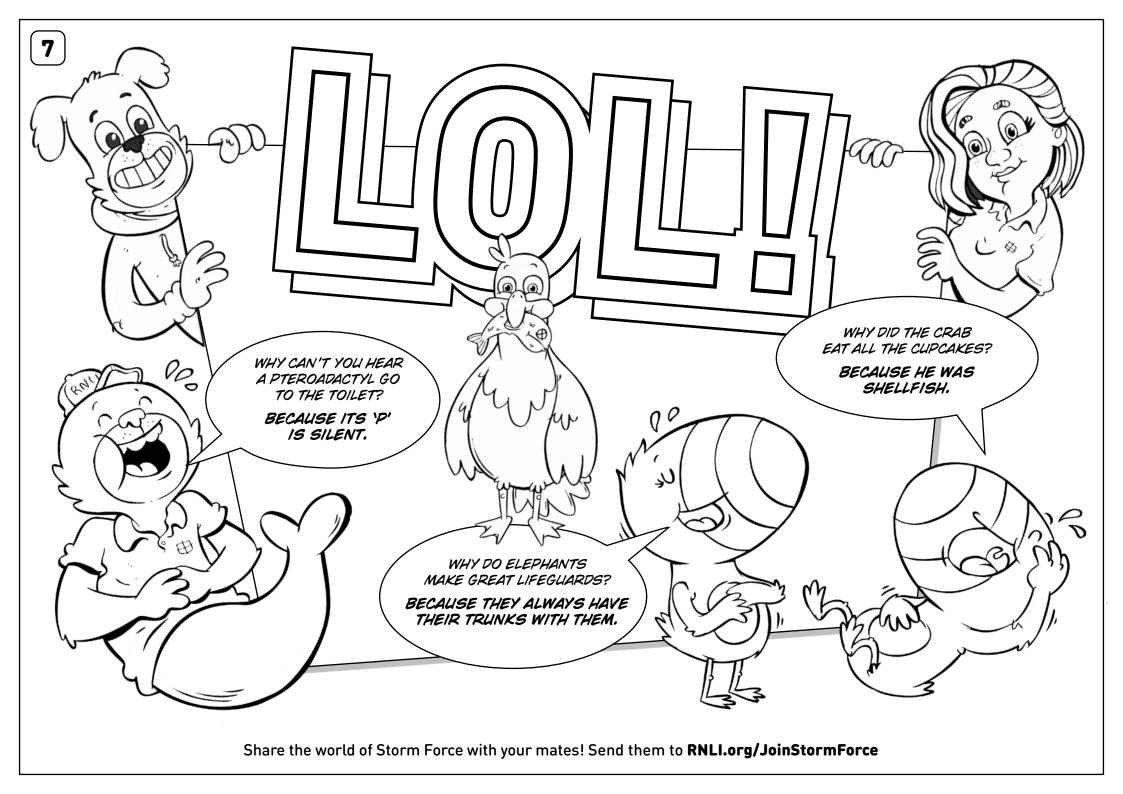
WHAT DO I DO?

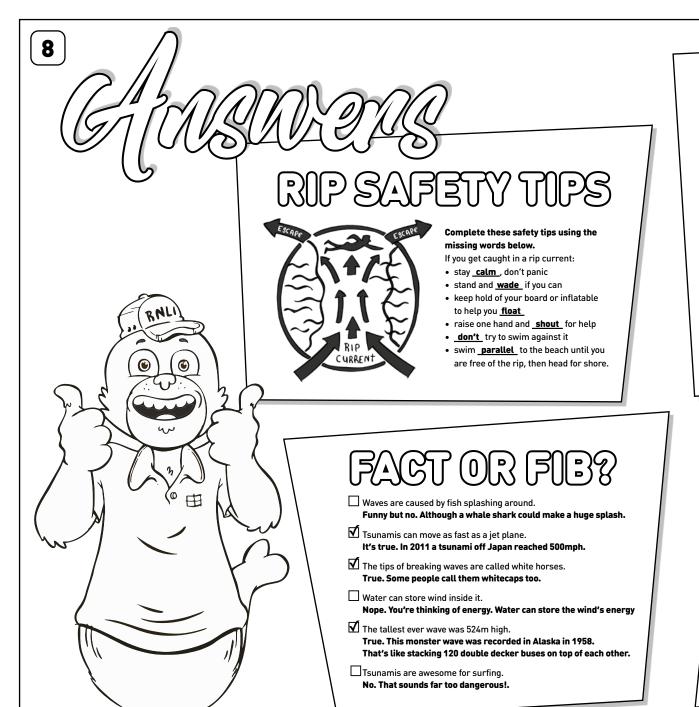
- Colour the medal sides and clasp.
- Carefully cut along the dotted lines.
- Glue the sides to the front and back of a crisp tube lid or a card circle the same size (76mm diameter).
- Attach a ribbon to the top of your medal and stick the clasp near the bottom of it.
- Award the medal to someone brave or brilliant.



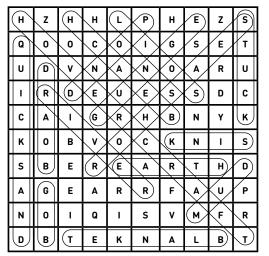


Share the world of Storm Force with your mates! Send them to RNLI.org/JoinStormForce



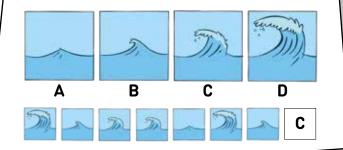


WORDSEARCH



BRAIN WAYE

Check out these different waves. Which one comes next in the sequence below?



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